

Please Note Important Changes To Our Pilates Booking Policy

The Pilates classes have become more popular this term and we now have a waiting list for some of our classes. For this reason, we have made some changes to our Pilates booking policy, in our new studio we would like to keep our classes to a maximum of 6 people to allow adequate space for the exercises.

Therefore, to secure your place on the next course, you must book and pay in advance on or before the date specified on the timetable. After this date, places will be offered to people on the waiting list.

For those of you who wish to remain on a “pay as you go” basis, this is only available if there is room in the class. Please ring to establish availability on the day of the class. Clients paying for the complete course will have priority.

We can deduct the cost of a maximum of 2 classes, if you specify at the time of booking to allow for holidays etc. For any other times that you are unable to attend, we will do our best to accommodate you by offering an alternative class.

Please speak to your instructor if you are unsure if you are in the correct level class for your ability. We have a number of classes with varying levels to choose from.

Please make your bookings/payments at reception or if you have any other queries speak to Lisa or Sarah at reception.

Many thanks.